

**GOVERNMENT OF INDIA
AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMEOPATHY (AYUSH)
LOK SABHA**

UNSTARRED QUESTION NO:4443
ANSWERED ON:12.08.2016
Compulsory Yoga Training
Kothapalli Smt. Geetha; Marutharajaa Shri R.P.

Will the Minister of AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMEOPATHY (AYUSH) be pleased to state:

Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

(a) whether the Government is contemplating to make yoga training compulsory for all IAS officers and personnel of Army, Paramilitary Police Services etc.; and

(b) if so, the details thereof?

Answer

ANSWER
THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)

(a) & (b): Training in Yoga is imparted in the Indian Army as a part of overall physical training. An eight weeks yoga course is conducted thrice a year at the Army Institute of Physical Training, Pune. The trained personnel are further utilized at places wherever posted to train the troops in yoga.

Further, the Ministry of Home Affairs has issued instructions to all Central Armed Police Forces (CAPFs) to incorporate Yoga as part of daily physical exercise.

As regards Yoga Training for IAS officers, information is being collected and will be laid on the table of the House.

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